

Mission Statement

One of the strengths of Encourage Young Men is men connecting with other men to encourage one another.

Each week, the sessions will begin with a formal 40 minute teaching period followed by 20-30 minutes for men to gather in smaller groups to discuss how it applies to their everyday life, and offer mutual support.

That's important. And the impact can be felt not only in our lives, but also in our families, in the community, and in the church.

Through insight and Biblical wisdom, each session will address common problems men face and how together, with God's help - we can overcome them.

Fathers, we encourage you to bring your teenage sons and work the course together, then apply the tools you'll learn in your own homes.

A typical session is marked by:

- Refreshments
- Welcome and warm-up
- Teaching Session
- Small group discussion

Valiant Man

This first season of Encourage Young Men features Allen Meyer's

Valiant Man

teacher - Jason Reed

Valiant Man is about male sexual discipleship.

Developing and maintaining healthy sexuality is every man's battle

This program with a study and devotional guide is designed to fortify and restore the moral and spiritual integrity of men. Valiant Man challenges all men to fight for their own personal, moral, and spiritual vitality as well as to help other men fight for theirs.

Dr. Allen Meyer has served Careforce Church in Melbourne, Australia, as Senior Minister for 26 years. He and his wife Helen began their working lives as teachers. Concern over the self-destructive lives of students compelled them to open their home as an outreach center. In 1992 they founded Careforce Lifekeys, developing courses to help people with the struggles of faith and life.

**Material recommended for men
15 years and older.**

**Encourage Young Men
2020**

Featuring the Valiant Man Program

Beginning January 9th

Martindale Mennonite Church

171 Hurst Rd,
Ephrata, PA 17522

Thursdays 7:00 PM

Encourage Young Men

www.encouragemen.org/martindale

This is the first year of Encourage Young Men!

This past year, Encourage Men hosted the Valiant Man Program and it was a learning, growing and greatly valued experience. It was impressive to see the continuity of the sessions and the focus on God's word as the foundation for this teaching on male sexual integrity.

While going through this program, it was observed that not many younger men were present and it was discussed that an evening session could work better with the work schedules of some younger men and teens. A few of us men met together a few times and "Encourage Young Men" was formed as a satellite ministry to work alongside Encourage Men; using them as oversight while using Thursday evenings to focus on connections between young men and their fathers.

We are in a fierce battle for the hearts, minds, and bodies of men and women and the amount of effort that Satan is expending to destroy God's image as reflected in sexuality tells us how incredibly important this is to God.

Victory and freedom are not only possible but vital if our families and our children are to flourish. Our goal and vision for this year is that many will find freedom and health in the area of their sexuality and relationships.

Church Leaders - It is our desire and goal to work with the local church, to be a healthy resource for your young men, and to support you as you shepherd the church of God.

All for Jesus,

The Encourage Young Men Committee

Sessions

A Vision For Manhood

Planting seeds of vision for a better future - a vision for valiant manhood while undertaking a vigorous moral inventory of current reality.

The Arena of Healing

Introducing the mind and heart attitudes for growth and change to occur. Providing a visual image to help identify the healing process.

The Sexual Man

Providing information about the construction of male sexuality with a view to helping men normalize their experience of their own sexuality and begin to appreciate the issues involved in successfully managing their own sexuality.

The Origin, Power, and Purpose of Sex

Teaching the theology of sex which introduces men to the deepest issues of their sexuality which go beyond biology and psychology to the choices they must make if they intend to make permanent changes.

The Cycle of Addiction

Explaining the cycle of addiction from a behavioral and biochemical point of view. The purpose is to help men understand the dynamics of addictive sexual behavior so they can better appreciate the choices they must make if they intend to make permanent changes.

The Understanding Man

Giving men insights to the difference between male and female sexuality with a view to increase their capacity to be understanding husbands and lovers.

Retraining the Brain

Understanding how thought processes are established in the brain in view of learning a workable process for bringing thoughts under control.

Taking a Stand

Preparing men for a time of prayer and consecration as they take a stand against shame, fantasy, pornography, and inappropriate behaviors.

Guarding your Heart

Teaching principles that will help maintain sexual integrity while growing in sexual purity.

Realistic Expectations

A review of the previous 9 sessions to prepare men for the realistic challenges they will face as they leave the course. Strategies for ongoing success will be explained.

Please consider this to be your personal invitation to be a part of Encourage Young Men.

Registration is \$30 collected at the door.

Register at www.encouragemen.org/Martindale or cut and mail this form:

Name _____

Address _____

City _____

State _____ Zip _____

Phone: _____

Email: _____

For Martindale sessions with Encourage Young Men, mail to:

495 Musselman Rd.
Fredericksburg PA 17026

Missed the beginning?
Join us in progress. Visit

Encourage Young Men
and register at the check-in table any time

Encourage Young Men Committee:

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